

### Sample Letter for Parents/Guardians re: Sexual Health Education

<Insert Date>

Dear Parent/Guardian:

In alignment with the provincial health education curricula, our school will be covering topics related to sexual health education. The aim of the K-12 Saskatchewan health education curricula is to develop confident and competent students who understand, appreciate, and apply health knowledge, skills and strategies throughout life. Topics related to sexual health education begin in Grade 4 and instruction consists of grade appropriate content.

The program and content to be covered include (commencement/completion dates, objectives, scope and sequence of content, resources, and activities). As parents/guardians, you have the option to have your child opt out from the instruction. Please provide written notification should this be your decision.

Respect for all students' personal and family beliefs regarding family life and human sexuality will be the foremost objective.

As always, parents are encouraged to spend time sharing knowledge and having conversations with their children relating to all areas of learning.

Yours in education,

<Insert Principal's Name>